



Govt. Degree College, Porumamilla

Department of History

TITLE OF THE BEST PRACTICE

**Senior Care Day
At**

**Puneetha Lawrence Old age Home
Chennuru, YSR Kadapa Dist.**

2022-2023

DEPARTMENT OF HISTORY

Title of the Best practice:
Senior Care Day

Senior Care Day is a special event designed to celebrate, recognize, and support the elderly members of the community, particularly focusing on their care needs, well-being, and the challenges they face as they age. Senior Care Day is typically organized by healthcare providers, senior care facilities, or community organizations. It serves as an opportunity to raise awareness about senior care issues, provide resources, and honor both seniors and the caregivers who support them.

In order to increase social awareness among the students in our college, the Department of History has organized some awareness programmes about Senior Care day. Through these programmes, social awareness among the students and the ideals of the leaders are communicated to the students and it is arranged to increase their motivation.

Purpose of Senior Care Day Organized by the History Department:

The History Department's involvement in Senior Care Day could be aimed at exploring the **historical evolution of senior care**, the **changing roles of the elderly** in society, and how attitudes toward aging have shifted over time. The goal would be to educate students, faculty, and the community about:

- The **history of elder care**: How different cultures and societies have treated their aging populations throughout history.
- **Caregiver roles**: How caregiving has historically been viewed as a familial responsibility or a professional service.
- **Advocacy and reforms**: How changes in social policy and law have affected the care of the elderly.
- **Cultural perceptions**: How art, literature, and media have influenced societal views of aging and senior care.

Key Elements of the Event :

The **Senior Care Day** conducted by the History Department could involve a variety of activities that blend academic inquiry with community outreach:

Academic Lectures or Panel Discussions:

- **History of Aging in Society:** A lecture discussing how different cultures (e.g., Ancient Rome, medieval Europe, or Indigenous communities) have treated aging and senior care.
- **The Evolution of Senior Care:** A focus on the development of nursing homes, retirement communities, and government policies on elderly care (e.g., Social Security, Medicare).
- **Caregiver History:** Examining how caregiving has been gendered (often as a responsibility of women) and how professional caregiving evolved into a formalized field.
- **Aging and Disability:** Understanding how aging was historically viewed alongside disability, and how the intersection of these issues shaped care practices.

Goals of the Event:

The **goals** of the Senior Care Day, conducted by the History Department,

Educational Awareness: To educate students, staff, and the community about the history of senior care and how the treatment of aging has evolved.

PRACTICE:

The Department of History hosted and conducted awareness programmes for our students' subjects and general knowledge. This type of programme is beneficial for Personality development and improves self-confidence and positive attitude among the students.



Programme Photos

AIMS and OBJECTIVES

- To make aware the students of social, cultural and issues
- To mould characters part of personality development
- To transform students into responsible citizens



Conducted by Dept. Of History



Conclusion:

A **Senior Care Day** organized by the History Department would not only highlight the importance of senior care in modern society but also provide a unique opportunity to explore **the evolution of aging, caregiving, and the role of the elderly** through the lens of history. By learning from the past, attendees can better understand current challenges in senior care and advocate for improvements in how we care for our aging population.